

Sportsplex

Public Skating & Shiny Schedule

PUBLIC NOTICE:

Over 15 Shiny is **CANCELLED**

Friday, January 9th

Public skating is **CANCELLED**

Saturday, January 10th

MONDAYS	PUBLIC SKATING 6-7PM
TUESDAYS	PUBLIC SKATING 4:30-5:30PM UNDER 15 SHINNY 5:30-6:30PM 15+ SHINNY 9:30-11PM
WEDNESDAYS	PUBLIC SKATING 6-7PM
THURSDAYS	PUBLIC SKATING 6-7PM
FRIDAYS	PUBLIC SKATING 4:30-5:30PM UNDER 15 SHINNY 5:30-6:30PM 15+ SHINNY 9:30-11PM
SATURDAYS	PUBLIC SKATING 1-2:30PM
SUNDAYS	PUBLIC SKATING 2:30-4PM WOMENS SHINNY 7-8PM

TOWNSHIP OF
MACDONALD,
MEREDITH & ABERDEEN
ADDITIONAL

WINTER CARNIVAL

FREE TO ATTEND!!

FAMILY DAY!!

FEBRUARY 16, 2026

12-3PM
ECHO BAY SPORTSPLEX
ALL AGES CARNIVAL GAMES & SKATING

VOLUNTEERS NEEDED
Student Volunteer hours available!!
Please contact Trisha if you are available to help!
tdaynard@ontera.net or 705-297-4024

January Seniors Lunch

ECHO BAY HALL
WEDNESDAY, JANUARY 21, 2026

MENU: HAM, MAC AND CHEESE,
CARROT SALAD AND PIE

Doors open at 11:30am

Lunch will be served family style at 12pm

Space is limited and you MUST be on the list to attend!

CONTACT THE MUNICIPAL OFFICE
TO GET ON THE LIST (705)248-2441

ECHO BAY NORTH REPEATING
Township of Macdonald Meredith & Aberdeen Adult

YOUTH HOCKEY PROGRAM

Echo Bay Sportsplex
Saturdays from 10-11am

Cost: \$50
6 sessions
January 24th
January 31st
February 7th
February 14th
February 21st
February 28th

Perfect for ages 4 and up!
This program is designed for kids who are just starting out and want to learn the basics of skating and hockey in a fun, supportive environment.

Volunteers Make It Happen!
This program's success depends on community support. If you can lend a hand, we'd love to have you involved!

NEED EQUIPMENT?
DONATED GEAR IS AVAILABLE AT THE SPORTSPLEX - REACH OUT, WE MAY HAVE WHAT YOU NEED!

Space is limited!!
To Register Visit Our Website
www.echobay.ca

For More Information
705-248-2441

DR. H.S. TREFRY
EST. 1994
MEMORIAL CENTRE

\$16

Spots Available!

ADULT DAY OUT

SPOTS AVAILABLE - ADULT DAY OUT IN ECHO BAY!
The Dr. H.S. Trefry Memorial Centre is welcoming new participants for their weekly Adult Day Out Program, held every Wednesday in Echo Bay!

Participants enjoy:

- Coffee & muffin
- Lunch
- Fun games & crafts
- Social interaction with peers
- Support from trained staff & caring volunteers

It's a wonderful mid-week outing filled with connection, activity, and friendly faces.

Call 705-246-0036 for more information or to sign someone up.
Please feel free to share—this is a great opportunity for local seniors!

MEALS ON WHEELS - AVAILABLE IN OUR COMMUNITY!

The Dr. H.S. Trefry Memorial Centre offers a warm, nutritious Meals on Wheels program for seniors 65+ or individuals living with a disability between Echo Bay and Desbarats, including St. Joseph Island.

Each delivery includes:
A hot meal, Soup and a Dessert
You can choose delivery up to 3 times per week.
\$13.80/day
(as low as \$9.60 with income-based sliding scale)

If you or someone you know could benefit, please feel free to share!

Call 705-246-0036 or visit trefrycentre.ca for details.
Supporting independence, dignity, and wellness
—one meal at a time!