

FREE Drop-In Launch THE SHIPS

May 9<sup>th</sup>, 16<sup>th</sup> , 23<sup>rd</sup>, June 6<sup>th</sup> & 20<sup>t</sup>



- (jock or jill)
- Knee pads

## AGE GROUP GROUP TIME AGE GROUP GROUP TIME GROUP TIME





NEEDED

Helmet with full fa (CSA approved)

Hockey gloves
Hockey stick
(no plastic blades)

Running shoes

Shin guards (soccer style covered with socks)

## STAY INFORMED!

Follow "From The Desk of the Leisure Service Coordinator" on Facebook for important updates about programs and events.

PLEASE NOTE: SOME AGE GROUP SESSIONS MAY BE SUBJECT TO CANCELLATION IF APPROPRIATE SUPERVISION IS NOT SECURED. For more information, contact Trisha Daynard at 705-248-2441 or tdaynard@ontera.ne

## **Echo Bay Elks Fish Fry**

SUNDAY, MAY 25TH 4-6PM **EAT-IN OR TAKEOUT** 

SINGLE SERVINGS INCLUDE: Fish or Chicken, baked beans, baked potato, coleslaw, dessert, coffee or tea

ELKS OF

Price (HST included) Single serving - \$20 Children 6-12 - \$10 5 and Under - Free

Cash, Debit or Credit Accepted PRE-ORDERS NOT REQUIRED

arn safety tips

## **GAMES DAY**

Wednesday. May 7th

1:00 - 3:00 PM **Echo Bay Hall** 

Come out and enjoy an afternoon of fun, friends, and fellowshib!

Play games, share some laughs, and connect with your community.

Everyone welcome - no experience needed.



volleyball skills,

drills, and game play

on the sand!



More Information contact Trisha (705)248-2441 or tdaynard@ontera.net

