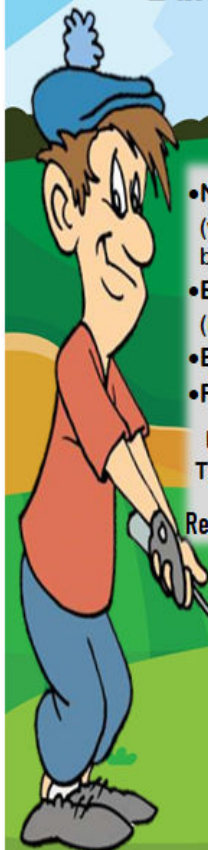


# Let's go Golfing!!

Senior's 55+ are invited to join us for a morning of golf at Silver Creek.

**Date: Wednesday, September 6, 2023**

**COST \$10 PER GOLFER  
REGISTRATION IS REQUIRED**



- No experience necessary (we can help find clubs also if anyone wants to try but does not have clubs)
- Bus provided to and from Silver Creek (Leaving Sportsplex at approx. 9 am)
- BBQ at Sportsplex after golf (approx. 2 pm)
- Registration for BBQ only is required

For more information and/or to register contact Trisha at (705) 297-4024 or [tdaynard@ontera.net](mailto:tdaynard@ontera.net)

Registration deadline for golfing is Tuesday, August 29<sup>th</sup>



The Township of

## Macdonald, Meredith and Aberdeen Additional 4<sup>th</sup> Annual Farmers Fall

# 5K Fun Run

WALKERS WELCOME AND ENCOURAGED!

**Sunday, September 17, 2023**

**Echo Bay Sportsplex**

Sign in between 9-9:30 am

Run begins at 9:30 am

Registration Fee \$20

(Includes t-shirt and MEDAL)



**KIDS RACES WILL TAKE PLACE FOLLOWING THE 5 KM REGISTRATION IS REQUIRED BUT WILL BE FREE AND WILL INCLUDE A T-SHIRT & MEDAL**

**1 KM- 7 and under**  
**2 KM - ages 8-12**



**NEW 5K ROUTE THIS YEAR!!**

Register online at [www.echobay.ca](http://www.echobay.ca)

OR

In person at the Municipal Office

**REGISTRATION DEADLINE IS SEPTEMBER 9<sup>TH</sup> AT 12PM**

For more information on registration or if you would like to help out with the event, please contact Trisha:

(705) 248-1166 - Sportsplex

(705) 297-4024 - Cell

[tdaynard@ontera.net](mailto:tdaynard@ontera.net) - Email



**PRIZES WILL BE AWARDED FOR THE BEST DRESSED FARMERS OF ALL AGES**



**Come and enjoy a scenic 5KM Run through our BEAUTIFUL Community!**

## SENIOR'S SEPTEMBER HARVEST LUNCH SOCIAL

**Wednesday, September 27<sup>th</sup>**

**Echo Bay Hall**

Doors open at 11am for social hour

Lunch will be at 12pm



LUNCH MENU:

CABBAGE ROLLS, PEROGIES, MIXED GREEN HARVEST SALAD & APPLE CRISP FOR DESSERT

Please contact Trisha if you are interested in attending so we have an idea of numbers for lunch!

705-297-4024 or email [tdaynard@ontera.net](mailto:tdaynard@ontera.net)

PLEASE RSVP BY FRIDAY, SEPTEMBER 15<sup>TH</sup>



## Seniors



## Club



**PRESERVING THE HARVEST "MAKE & TAKE"**

ECHO BAY HALL

STARTS AT 10:00AM (ESTIMATED 3 HRS.)

WEDNESDAY, SEPTEMBER, 13<sup>TH</sup>

AND

WEDNESDAY, SEPTEMBER 20<sup>TH</sup>

Join Trisha for this social cooking experience! TOGETHER WE WILL MAKE PRESERVES FOR EACH PARTICIPANT TO ENJOY AT HOME!!

**DIFFERENT RECIPES EACH WEEK!!**

Please contact Trisha if you plan on attending. We want to make sure there is enough for everyone to have a sample to take home that we prepare!!

**Maximum participants per session will be 16.**

**Dates to Remember:**

21st Annual Sylvan Circle - Saturday, September 16th

Treats in Your Trunk - Sunday, October 29th

Parade of Lights - Saturday, December 9th

Also remember to watch our website [www.echobay.ca](http://www.echobay.ca), Facebook "From The Desk of The Leisure Service Coordinator" and newsletters for new and exciting events that you will not want to miss!!



**IT IS THAT TIME OF YEAR AGAIN!**

**SUMMER HOLIDAYS ARE COMING TO AN END AND KIDDOS AND TEACHERS ARE GETTING ALL GEARED UP FOR ANOTHER YEAR.**

**WE HOPE ALL FAMILIES HAVE A HAPPY AND HEALTHY START TO THE NEW SCHOOL YEAR.**

