

What's Happening at the Sportsplex

Mark your Calendar's the Winter Carnival is back and will be held Sunday, February 26th from Noon-3pm!!!

Reminders

PUBLIC SKATING

Saturday's 2-3:30pm

Sunday's 1:30-3pm

SHINNY

Under 15 is Friday's 8-9pm

Over 15 is Friday's 9-10pm

Ladies only is Sunday's 9-10pm

Watch for a Winter Special Events newsletter coming soon.

Standard First Aid and CPR

Comprehensive course offering first aid and cardiopulmonary resuscitation (CPR) skills for those who need training due to work requirements or who want more knowledge to respond to emergencies at home. Course meets legislation requirements for provincial/territorial worker safety and insurance boards and includes the latest first aid and CPR guidelines.

February 3, 4, & 5 2023

Location: ECHO BAY HALL

Friday - 6pm-9pm

Saturday - 9am-5pm

Sunday - 9am- approximately 2pm

Cost \$165

Red Cross Certified course
Red Cross Instructor Lisa Willet

CERTIFICATION

3-year certification in Standard First Aid and CPR Level C

Please contact Trisha today for more details as space is limited.

E-mail - tdaynard@ontera.net or Cell—705-297-4024

PUBLIC NOTICE

The stove at Echo Bay Hall is FOR SALE
We recently purchased 2 new stoves for the Echo Bay Hall. If you are interested in purchasing the current Industrial 6 burner 2 oven stove we will be accepting bids until **Monday January 23, 2023 at 4:30pm.** There is no minimum bid and the stove will go to the highest bidder. The highest bidder will be notified early Tuesday, January 24th and must arrange for the removal and transportation of the stove on Wednesday, January 25th in order to allow for installation of the new stoves to occur.

All bids will be accepted in confidence and are to be emailed to tdaynard@ontera.net. OR dropped off at the Municipal Office.

For any questions please contact Trisha

Social Breakfast Gathering

St. Georges Anglican Church (159 Church St.) plans to offer a free breakfast the first Monday of each month beginning at 9:30am

February 6, 2023

There will be a guest speaker at this breakfast from Algoma's Mental Health & Addiction Services. She will address the unfortunate reality that mental health issues and addictions have increased throughout the pandemic and because of the raising cost of living.

January is Alzheimer's Awareness Month

In support of Alzheimer's, the blue and white lights will remain on for January at Memorial Park and the light poles on Church Street.



The Township of
Macdonald, Meredith & Aberdeen Additional
Welcomes Seniors to join us for a
VALENTINE LUNCH
AND MUSIC BY GEORGE WRIGHT



There is no cost to attend, however Echo Bay as we are home of the "Big Loonie" it would be appreciated if you donated a Loonie or two towards the Echo Bay and Area Food Bank.



Contact Trisha if you are interested in attending so we have an idea of numbers for lunch!
(705)297-4024 or tdaynard@ontera.net
Please RSVP by Monday, February 13, 2023 if possible.



LAIRD FAIR 2023 NEEDS YOUR HELP!!

The North Shore Agricultural Society has scheduled their AGM for Thursday, January 26, 2023 at 7:30pm in the Laird Township Council Chambers. This meeting will be available to attend in person or by Zoom.

Important items of meeting:

- Elect directors to restart Laird Fair
- Conveners and volunteers for different events

For more information please contact Colleen Alloi at collholmfarm@gmail.com



REGISTRATION is required to participate.
This course will be engaging, informative and fun!!
Lunch will be provided and prepared by the participants as part of the program.

Offers basic first aid and safety skills for youth 9-13 years old. Participants learn about being safe when they are without the direct supervision of a parent, guardian, or trusted adult, both at home and in their communities.

Friday, February 3, 2023 (It's a PD Day!!)

Location: ECHO BAY HALL

9am to 5pm - \$65

Red Cross Certified course

Red Cross Instructor Lisa Willet

Minimum 9 years of age (or completion of Grade 3)

COURSE CONTENT

- The importance of responsibility and respect while being accountable for yourself
- The importance of setting and following safety rules when on your own
- How to stay safe at home and within the community
- How to prepare for, recognize and respond to unexpected situations (e.g., inclement weather, strangers, and unanticipated visits)
- Basic first aid skills

TAKE-HOME MATERIALS

Stay Safe! Workbook

Completion certificate

Please contact Trisha today for more details as space is limited.
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