

WEEK 1	WEEK 2	WEEK 3	WEEK 4
MONDAY Cream of Mushroom Soup Vegetarian bolognese with pasta Pork/Beef Meatballs Green Beans Berry Crumble <i>Alternative(s)</i> 1) <i>Chicken Fingers</i>	MONDAY Pea Soup Glazed Meat Loaf Roasted Potatoes Coleslaw Lemon Snow <i>Alternative(s)</i> 1) <i>Chicken Fingers</i>	MONDAY Beef Barley Soup Chicken Pot Pie (Dumpling Topping) Herbed Rice Carrots Old Fashion Italian Cream Cake <i>Alternative(s)</i> 1) <i>Chicken Fingers</i> 2) <i>Chicken mix from Pie: no pastry, no dumpling</i>	MONDAY Tomato Macaroni Soup Breaded Pork Chops Scalloped Potato Vegetable Medley Chocolate Chip Oatmeal Cookies <i>Alternative(s)</i> 1) <i>Chicken Fingers</i> 2) <i>Unbreaded Pork Chops</i>
WEDNESDAY Chicken Noodle Soup Hot Chicken Sandwich Mashed Potatoes Gravy Peas Pumpkin Sheet Cake <i>Alternative(s)</i> 1) <i>Chicken Fingers</i> 2) <i>Plain Turkey with Gravy</i> 3) <i>Roasted Potatoes</i>	WEDNESDAY Tomato Rice Soup Mayo/Parm/Chicken Breast Pasta Salad Carrot Apple Crisp <i>Alternative(s)</i> 1) <i>Chicken Fingers</i> 2) <i>Unseasoned Chicken Breast</i>	WEDNESDAY Onion Soup with Croutons Shepherd's Pie Baguette Cherry Cheesecake <i>Alternative(s)</i> 1) <i>Chicken Fingers</i> 2) <i>Derivative of Shepherd's Pie (no mash or veg with meat) Include's roasted potatoes</i>	WEDNESDAY Chicken Rice Soup Salisbury Steak with Mushrooms and Onions Mashed Potatoes Gravy Yellow Waxed Beans Raisin Date Squares <i>Alternative(s)</i> 1) <i>Chicken Fingers</i> 2) <i>Derivative Salisbury Steak (no mushrooms or onions)</i> 3) <i>Roasted Potatoes</i>
FRIDAY Pumpkin and Lentil Soup Sausage Roasted Macaroni and Cheese Broccoli Carrot Cake with Cream Cheese Frosting <i>Alternative(s)</i> 1) <i>Chicken Fingers</i>	FRIDAY White Bean and Sausage Soup Sliced Ham with Brown Sugar/Mustard Glaze Mashed Potatoes Gravy Peas Chocolate Mayo Cake <i>Alternative(s)</i> 1) <i>Chicken Fingers</i> 2) <i>Unglazed Ham Slices</i> 3) <i>Roasted Potatoes</i>	FRIDAY Broccoli Cheddar Soup Lasagna Garlic Bread Coleslaw Rice Pudding <i>Alternative(s)</i> 1) <i>Chicken Fingers</i> 2) <i>Pasta with Spaghetti Sauce and Mozzarella</i>	FRIDAY Potato Soup Battered Haddock Roasted Potatoes Coleslaw Cinnamon Swirl Cake <i>Alternative(s)</i> 1) <i>Chicken Fingers</i>