

# Challenges and Activities to try for fun!

“From the Desk of the Leisure Service Coordinator” on Facebook will be posting new challenges and activities for all ages throughout the month of February. Brainteasers, trivia, Disney Fitness Challenge cooking with kids ideas and recipes, Lego challenges, science experiments and more!!

Be sure to check it out and you are encouraged to share your photos with Trisha through email and Messenger. With your permission of photos sent, Trisha would love to share your experience with others through her Facebook page!

## Packaged Craft Kits

### Options:

#### No Sew Heart Pillow



#### DIY Bird Feeders



#### Button Art Craft



**Craft packages are limited.**

**Contact Trisha today to get yours!!**

## SNOWSHOES

We have a variety of sizes of kids snowshoes available to be borrowed. Contact Trisha if you are interested in signing out some snowshoes for the kiddo's!



Cheer on our Canadian Olympians



Decorate with red and white lights. Use your imagination to create Canadian themed decorations. Get the kids involved also... make signs, create your snowman and sculpture for the contests to cheer on the Canadian Olympians!!



There are 7 feature songs for the Disney Fitness Challenge and they will be posted on Facebook throughout the month.

All you need to do is play the song and to dance to the song however you choose (just keep moving) but when you hear the specified word/phrase do the *Magical* action listed and then continue dancing until you hear it again!

For those who want more of a challenge, create a dance routine to the song but don't forget to include the *Magical* action listed each time the word/phrase is heard!

## Public Skating at the Sportsplex

**Saturday's 7-8:30PM**

**Sunday's 2-3:30PM**

QR Code

**NOW REQUIRED**

The only accepted proof of vaccination is the QR code

## The Echo Bay Ice Cube

is ready in our Field of Dreams....  
from ball diamond to skating square  
"If we build it they will skate"

Please remember to do a Self-Screening prior to coming and please stay home if you have any symptoms of Covid-19

Always practice physical distancing while at The Ice Cube.

Due to the fact The Ice Cube is unsupervised there is a limit to the number of skaters permitted at one time and will follow the same guidelines as outdoor gathering restrictions.

To keep each other safe it is very important that as a community we adhere to the Covid-19 restriction guideline.

**HAVE FUN and PLAY SAFE!!!**